

Waitsfield Elementary May School Menu
 Student \$3.25 Reduced Child FREE Adult \$3.75

Each day the lunch menu includes yogurt/cottage cheese and milk (skim & 1%)

Monday	Tuesday	Wednesday	Thursday	Friday
				1 <u>Baked Potato Bar</u> Bacon Ham Cheese Broccoli Cheese Sauce
4 <u>Meatless Monday</u> Grill Cheese Tomato Soup Corn Salad	5 <u>Spaghetti</u> 1- with Tomato sauce 2- or with Tomato sauce and Meatballs Caesar Salad	6 <u>Burgers</u> 1-Neill Farm Burgers 2- or Veggie Burgers Spiral Fries	7 <u>Burritos</u> 1- with Beef, Beans and Cheese 2- with Beans Rice	8 <u>Pasta</u> 1- Cheese tortellini 2- Penne Broccoli Salad
11 <u>Meatless Monday</u> Quesadillas 1- with Cheese 2- with Cheese & Veggies Brown Rice	12 <u>Fried Rice</u> 1- with Chicken 2- with Vegetables Sauteed Broccoli	13 <u>Sloppy Joes</u> 1- with LOCAL Ground Beef 2- or with Veggie Burgers	14 <u>Stromboli</u> 1- with Cheese 2- Cheese, Ham and Pepperoni	15 <u>Bag Lunch Day</u> 1- Turkey and Cheese 2- Ham and Cheese 3- Peanut Butter and Jelly Sun chips, yogurt, carrots water, milk,
18 <u>Meatless Monday</u> 1-Macaroni and Cheese 2- or Macaroni and Trees (Broccoli)	19 <u>Taco Bar</u> 1-with Beef 2- with Bean Add Lettuce, tomato , black bean salsa or sour cream	20 <u>Wraps</u> 1- with Steak and Cheese 2- or with Veggie and Cheese	21 <u>Pizza</u> 1- with Cheese 2- with Pepperoni and Cheese	22 <u>Soups</u> 1- Chicken Tortilla Soup 2- Broccoli Cheddar
25 <u>No School</u>	26 <u>Farm Fresh Day</u> Vegetable Soup GMH Caesar Salad Red Hen Bread	27 <u>Subs</u> 1- Meatball 2- Cheese and Vegetable	28 <u>From the Sea</u> 1- Baked Fish Sandwich 2- Or Tuna fish Sandwich Goldfish	29 <u>Sandwich Bar</u> Ham, Turkey or Salami American or Cheddar Cheese Lettuce, tomato, onion Pickle

Grab & Go Breakfast \$1.75 Child \$1.75 Adult Free Reduced child

Trail Mix Apple Juice/Milk	Maple Oat Scones Yogurt Juice/Milk	Yogurt Parfait Juice/Milk	Sausage, Egg and Cheese Muffin Yogurt Juice/Milk	Coffee Cake Yogurt Juice/Milk
----------------------------------	--	------------------------------	---	-------------------------------------

When submitting payment for your child's account, please send check or cash in whole dollar amounts - Thank you! Prepayment is expected!
News from the biggest classroom in the school:
 Local Foods include Kingsbury Farm Carrots, Green Mountain Harvest Lettuce and Basil. Neill Farm Burger.

Hello Folks!

May and June are always a time for Field Trips. If your student is attending a Field Trip we do provide a Field Trip To Go menu. Just ask your child's teacher for one if he/she does not bring one home. They are also located on our website, under foodservice at Faystonschool.org.

On May 27, I have been selected to speak on a panel about Meatless Monday Initiative at Dartmouth College. As you may know we do not serve Meat on Mondays at Fayston or Waitsfield School. We hope to be introducing children to more plant based food and educating them on healthier eating choices through the week.

Looking ahead to our school year ending in just a month and half I would like to remind you that all unpaid balances will need to be paid up. Payment is expected in full by the end of the school year. Failure to do so will result in collections over the summer months. Every parent can check their online accounts by getting a password thru the school administrator. You should be receiving an email when your child's balance is overdue. Please let me know if you have not been getting these emails.